Sturt's Desert Rose Picture Frame



Materials:

Wooden Picture Frame

Matisse Clear Sealer

800 grain Wet & Dry Sandpaper

Tracing Paper

Dark Saral Transfer Paper

Stylus

Plastic Wrap

Paper Towel

1" Flat Brush

#3 Round Brush

Liner Brush

Matisse Drying Retarder

Matisse Water Base Varnish

Matisse Flow Professional Artists Acrylics:

Australian Sap Green, Antique White, Titanium White, Metallic Light Gold, Magenta, Cadmium Yellow Medium, Cadmium Red Medium, Ultramarine Blue, Antique Green, Yellow Oxide, Ghost Gum

Preparation:

- 1. Seal with Matisse Clear Sealer, let dry and Sand with 800 grain Wet & Dry Sandpaper.
- 2. Base coat with 2 coats of Ghost Gum, sanding well between coats.

Faux Finish:

Mix Colours on Palette:

- 3. Mix the following colours on your palette to pastel tones to suit, then add 4 drops of Drying Retarder to each puddle -
- Cadmium Red Medium + Titanium White (1:6)
- Cadmium Yellow Medium + Titanium White (1:6)
- Ultramarine Blue + Titanium White (1:6)
- Australian Sap Green + Titanium White (1:6)
- Ghost Gum + Titanium White (1:6)
- Antique White
- 4. Using the damp 1" Flat Base Coating Brush, lightly brush Drying Retarder over the area, working it well into the area.
- 5. Using the same brush dab on colours at random. Don't skimp on the paint or it will dry too fast and then won't move properly to blend under the plastic wrap.
- 6. Lay a sheet of plastic wrap over the wet paint and massage the edges where the colours meet with your fingers.
- 7. Remove the plastic wrap by lifting it straight off allow the paint to dry.
- 8. Mix Ghost Gum + Titanium White (1:1) and using a lightly scrunched up ball of plastic wrap, dab it lightly all over the background colours, letting the background colours show through.
- 9. Let dry.
- 10. Transfer the pattern onto Tracing Paper with fine point pen; transfer the pattern from your tracing paper onto the piece using the stylus and transfer paper.

Maiden Hair Fern:

- 11. Using #3 Round Brush, Wash leaves with Flannel Flower Green Mix -Australian Sap Green + Antique Green + Yellow Oxide + Antique White (1: 3:1:1).
- 12. Using Liner Brush, load in Mix and outline some edges of the fern, pull in a light vein down the centre and shade where leaves overlap, paint Stems.

Flannel Flowers and Leaves:

- 13. Using #3 Round Brush, Block in Flannel Flowers with Antique White.
- 14. When dry apply detail pattern to flowers.
- 15. Using #3 Round Brush, paint Flannel Flower



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Continued

Green Mix into the Centres of the Flannel Flowers and paint the stems.

Shade

- 16. Using a Wash of the Centre Mix, Shade between Petals, around the Flower Centres and on the Tips of the Petals.
- 17. Using a Liner brush lightly paint a fine washy line down the Centre of each Petal.
- 18. If the Shade colour dries too dark, wash with Antique White to tone down.

Highlight

- 19. Side load #3 Round Brush in Titanium White and add Highlight on the Petals where the light would catch.
- 20. Highlight the Stems with a broken line of Antique White.

Centre

- 21. Using dirty brush tip into Titanium White and dot colour starting in the centre of the Flannel Flower, slowly working out into the edges where the colour will be more blended to a light green.
- 22. Pick up a touch of Yellow Oxide and dab lightly over the Titanium White.

Leaves

23. Load brush in Green Mix, Tip into Antique White and paint small Comma Strokes.

Desert Rose and Leaves

- 24. Block in Desert Rose and Leaves with 2 coats of Antique White.
- 25. When dry apply detail pattern.

Leaves

26. Block in leaves with Flannel Flower Green Mix + touch of Antique White.

Shade

27. Add touch of Magenta to the Green Mix to darken and paint under Petals and down the centre of the leaf, dab touches at random over the leaf.

Highlight

28. Mix Australian Sap Green + Yellow Oxide + Flannel Flower Green Mix (1:2:touch), load Round Brush in mix and drag colour from the outside edges of the leaf towards the centre.

Veins

- 29. Add Titanium White to lighten Highlight Mix, load Liner Brush in washy mix and paint fine veins on leaf, one down the centre and two each side.
- 30. Wash shade mix over veins in the shade area.
- 31. Add touches of shade in the V areas of the veins.
- 32. Lightly wash Yellow Oxide + touch Titanium White into patches that will catch the light.

Desert Rose Petals

- 33. Mix (Pink) Magenta + Titanium White (1:8) and block in Rose Petals.
- 34. When dry apply pattern detail.
- 35. Load #3 Round Brush in Pink Mix and scoop up a small amount of Titanium White on the brush.
- 36. With the Titanium White on the top of the brush, press down in the centre at the top of the Petal, lean brush forward and slightly wriggle from one side to the other and Fan the brush, pull brush back towards centre of Flower and lift.
- 37. Wipe brush on paper towel and lightly drag the tip of the brush from the outside edge through the thicker areas of the White paint towards the centre of the flower, lifting out some of the paint, wipe brush on paper towel.
- 38. Let dry.

Shade

- 39. Mix Magenta + Ultramarine Blue + Titanium White (1:1:3), wash in shade under Petals and lightly streak colour from outside edges to the centre over the petals.
- 40. If the shade is too dark wash with Pink mix to tone down.
- 41. Using Titanium White Highlight across the centre of the Petals.
- 42. Slightly darken base Pink with a touch of Magenta and wash over the outside edges of the Petals and across the top of the folded petal, blending where dark and light meet.

Centre

- 43. Block in centre with Magenta.
- 44. Highlight on one side only with Cadmium Red Medium.
- 45. Paint Stamen Stem with Antique White, using fine end of Stylus, dot small dots at random down the stem.
- 46. When dry wash with Magenta.

Borders

47. Paint borders and line around Oval centre in Metallic Light Gold.

Finish:

- 48. Wash Magenta around and under the Flowers adding a Pink glow.
- 49. Let dry and erase all visible pattern lines with the Kneadable Art Eraser.
- 50. Let cure and varnish with Matisse Water Based Varnish.

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